

**EMERGENCY ACTION PLAN: DIASTAT ADMINISTRATION**  
**FOR \_\_\_\_\_ : BD:**

<b>PARENTS:</b>	<b>Phone (W)</b> <b>Phone (W)</b>	<b>Home:</b>
ALTERNATE EMERGENCY CONTACT AND PERMISSION TO RELEASE TO: _____, Relationship <div style="text-align: right;"><b>Phone:</b></div>		
<b>PHYSICIAN:</b>	, Pediatrician , Neurologist	<b>Phone:</b> <b>Phone:</b> <b>FAX:</b>

**DIAGNOSIS:** Intractable refractory epilepsy (seizure resistance to treatment)

**Medication:** Trileptil, Lamictal taken at home  
**Diastat 10 mg PRN, rectal gel**

**DESCRIPTION OF SEIZURES:** Majority of seizures occur as she awakens in the morning. Sometimes seizure may last for 10-30 minutes.

**Tonic Seizure:** Rigid body, clenched jaws, clenched fists, extended legs, cyanosis (turning blue-bluish), holding breath

**Clonic Seizure:** Urinary and/or fecal incontinence, jerking of facial muscles and extremities, biting of tongue, frothing at the mouth

**Seizures that Interrupt Breathing:** will be bluish in color after 2-3 minutes.

Generalized seizure that include turning blue may continue up to 10-30 minutes.

**DIASTAT TO BE ADMINISTERED BY LPN: GENERALIZED SEIZURE LASTING MORE THAN 3 MINUTES.** Use of Diastat usually shortens the seizures and leads to sedation – deep sleep.

**Seizures that do NOT interrupt Breathing:** Big jerks (looks like a startle), total body jerking movements that come in clusters and do NOT interrupt breathing. She may have generalized seizures that are often short and intense, but does NOT interfere with breathing. Diastat **NOT** needed.

**WHAT TO DO WHEN SEIZURE STARTS: Teachers/Educational Assistants**

- Stay with child and start timing the seizure. Document the start time on SEIZURE RECORD FORM. Send copy home with communication book.
- Ease child down to floor; clear area around her. Protect head from injury and place something soft under her head. DO NOT RESTRAIN BODY MOVEMENTS
- **CALL LPN**
- **OBSERVE BREATHING: IF BREATHING REGULARLY, allow child to rest. Call mother/parent to notify of seizure.**

- **IF BREATHING DIFFICULTIES NOTED- Seizures that interrupt Breathing: Child will be bluish in color after 2-3 minutes. The generalized seizure that include the child turning blue may continue up to 10-15 minutes:**

► **LPN TO ADMISTER DIASTAT 10mg, rectally**

\*Monitor breathing, color of skin

\*Call mother/parent to notify that Diastat was given and who will be coming within 30minutes to take child home

► **CALL 911:**

\*10 minutes after Diastat is given and seizures continue

**OR**

\*Color doesn't return to normal within 15 minutes of onset of seizure, **AND**

\*Follow basic life support procedures:

- **LPN to do CPR: Seizure has stopped, child does not start breathing (Turn to side, clear airway)**
- **Call mother/parent to notify that 911 was called.**

